

Artificial Intelligence and Social Robotics Applied to Global Health

 2 years full time

Student guide handbook



Presentation

NEOLaiA is a European Universities Alliance. It brings together nine universities to transform higher education through three pillars: Digital Transformation, Diversity and Inclusion, and Enhanced Mobility, with Global Health as a cross-cutting theme. The name comes from the Greek word for "youth", reflecting the Alliance's ambition to build a modern and forward-looking European Higher Education.

NEOLaiA helps you study, research and build your career across borders. The alliance connects regional universities so you can learn in different countries, join international teams and work on solutions that matter to society. Its purpose is to create inclusive learning, support high-impact research and make mobility a normal part of your academic experience. The alliance is co-funded by the European Commission for the period 2024–2027. This funding supports the creation of new degrees, innovative teaching formats and mobility opportunities that you benefit from during your studies.

Partners

The Multiple Master's Degree is delivered by three universities within the NEOLaiA European Universities Alliance. However, NEOLaiA itself brings together nine partner universities across Europe. Together, they form a diverse and dynamic network.

Here are the nine universities that make up the NEOLaiA Alliance:

- University of Jaén (UJA) – Spain
- Örebro University (ORU) – Sweden
- Bielefeld University (UniBi) – Germany
- University of Ostrava (OU) – Czech Republic
- University of Nicosia (UNIC) – Cyprus
- Ștefan cel Mare University of Suceava (USV) – Romania
- University of Tours (UT) – France
- University of Salerno (UNISA) – Italy
- Šiauliai State University of Applied Sciences (ŠVK) – Lithuania



Table of Content

•	Study Programme	4
•	Introduction	4
•	Tuition fees and scholarships	4
•	Programme and teaching units	5
•	Academic calendar	6
•	Mobility scheme	6
•	Assessment and course completion	7
•	Grading system	7
•	Master's thesis and Traineeship	8
•	Diploma issuing	8
•	Programme Governance	9
•	University of Tours (UT)	10
•	Administrative procedure	10
•	Practical information	11
•	Inclusion and diversity policy	15
•	Academic Life	16
•	Örebro University (ORU)	20
•	Administrative procedure	20
•	Practical information	21
•	Academic Life	23
•	University of Suceava (USV)	26
•	Administrative procedure	26
•	Practical information	28
•	Inclusion and diversity policy	28
•	Academic Life	29

Artificial Intelligence and Social Robotics Applied to Global Health

“ Study programme

Introduction

When you join the Master's Programme in Artificial Intelligence and Social Robotics Applied to Global Health, you combine advanced study with international experience. You learn how to use AI and Social Robotics to address real health challenges. You also develop cultural awareness and teamwork by studying at more than one university. After graduation, you can work in roles such as medical data scientist, public health technologist, robotics-for-health innovator across NGOs and research institutes, or AI consultant for health-tech companies.

What you gain:

- You build strong technical skills in AI and Robotics, and you learn about ethics and the social impact of technology.
- You work on real problems, and you learn by doing.
- You grow your European Network, and you discover new academic cultures.

Tuition fees and scholarships

You register and, where applicable, pay tuition or enrolment fees only at your home university for the full duration of the Programme. Host universities for your mobility do not charge tuition or enrolment fees. You never pay fees twice for the same period.

You may apply for Erasmus+ funding for your mobility. Your International Office tells you when to apply and which documents you need. Funding depends on your eligibility and on the funds available.

Programme and teaching units

Semester 1: **Foundations at your home university** 30 ECTS credits

You study core topics in Mathematics, Computer Science, Ethics and Scientific Method. Your home university teaches these courses, and the other universities can recognise them.

Semester 3: **Robotics core at ORU (Sweden)** 30 ECTS credits

All students in the Programme study this semester at ORU. You study Social Robotics and Probabilistic Robotics. You explore technical and societal aspects. You also complete a project course.

Semester 2: **Choose your specialisation** 30 ECTS credits

You pick one track for this semester:

- **UT (France):**
You go deeper into advanced AI. You study Optimisation, Machine Learning, Computer Vision, Data Visualisation and Knowledge Representation with use cases in Global Health.
- **USV (Romania):**
You focus on Human-Computer Interaction. You study Augmented Reality, Assistive Technology and Cloud Based AI applications.

Semester 4: **Master's thesis and traineeship** 30 ECTS credits

You complete a degree project with or without a traineeship. You carry it out at ORU, UT or USV or at another approved organisation. The university approving your topic assesses your work and organises your defence. Co-supervision with another partner is possible.

We publish detailed syllabi locally at each university.

Artificial Intelligence and Social Robotics Applied to Global Health

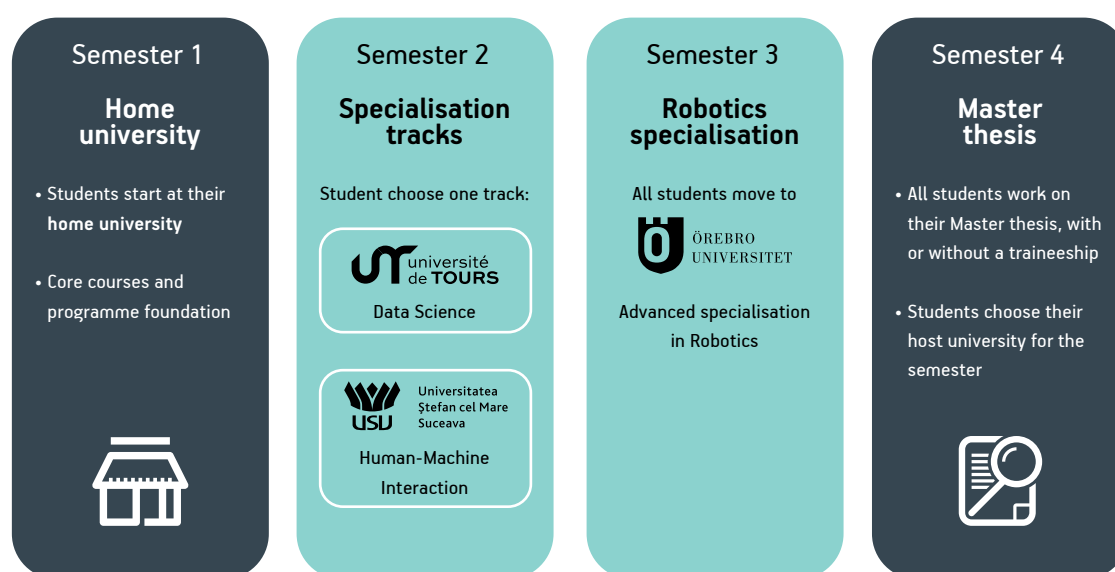
Academic calendar

You receive your schedule every semester so you can plan your study and travel. The programme starts in the 2026/2027 academic year. Dates follow each university's official calendar. Use the framework below to plan ahead:

- Semester 1: September to January.
Local exams take place throughout the semester and at the latest in January or February.
- Semester 2: February to June.
Local exams take place throughout the semester and at the latest in May or June.
- Semester 3: Mid-August to January at Örebro.
Exams take place throughout the semester and at the latest in January.
- Semester 4: February to June.
Your thesis or traineeship and defence follow the host schedule.

Exact dates, teaching weeks and examination windows follow local university publications. The common overview here is for planning only.

Mobility scheme



Assessment and course completion

Your courses are assessed by the university that teaches them. Your Host university reports your grades and ECTS credits to your Home university so they can be recognised.

You receive ECTS credits once you pass according to local rules. If you fail, you may retake the assessment under the rules of the course-offering university. Where possible, retakes can be organised online or at a partner university with proctoring. If you cannot attend an exam, you inform your course organiser and seek advice to the local coordinators as soon as possible.

Grading system

Grades differ by country. This table helps you understand how they compare.

- **Örebro University** (Sweden): Grades use letters from A to F. A is the best. E is the lowest pass. F means fail. You can usually retake exams and there are three exam sessions each year. There is no overall degree grade.
- **University of Tours** (France): Grades go from 0 to 20. You need at least 10 to pass. If your semester average is 10 or more, you may pass even if one course is below 10. "Mentions" show how well you did: *Assez bien* (Good enough) above 12, *Bien* (Good) above 14, *Très bien* (Very well) above 16.
- **Ștefan cel Mare University of Suceava** (Romania): Grades go from 1 to 10. You need at least 5 to pass. Retake sessions take place after each semester and a general session runs in July.

European Credit Transfer System (ECTS) conversion table

ECTS grading system	Description	ORU	USV	UT
A	Outstanding performance without errors	A	10	16-20
B	Above the average standard but with minor errors	B	9	14-16
C	Generally sound work with some errors	C	7-8	12-14
D	Fair but with significant shortcomings	D	6	10-12
E	Performance meets the minimum criteria	E	5	10
Fx	Fail – some more work required before the credit can be awarded	F	4	8-10
F	Fail – considerable further work is required	F	1-3	0-8

Artificial Intelligence and Social Robotics Applied to Global Health

Master's thesis and Traineeship

Your Master's thesis is a supervised research project. You apply what you have learned to solve a defined scientific problem. You write a report and defend your work at the university where you carry out Semester 4. Co-supervision with another partner is possible. You can complete a traineeship along with the thesis when approved by both the home university and the host organisation. Traineeships can take place at a partner university or at an approved organisation.

Diploma issuing

You earn the diploma of each of the three partner universities (ORU, USV and UT) where you complete at least one semester of 30 ECTS credits. Some universities do not deliver the diploma automatically and you will need to apply for each diploma separately and follow local deadlines and procedures. Each university assesses and awards its diploma under its own degree rules. Mobility at third-party institutions such as external traineeships or another partner university does not lead to a diploma from those institutions.

Indicative degree titles:

- ORU (SE): Degree of Master of Science, 120 ECTS credits. Main field: Computer Science (Swedish: Masterexamen huvudområde Datateknik).
- UT (FR): Degree of Master of Science. Main field: Computer Science (French: Diplôme de Master de sciences, technologies, santé, Mention informatique Parcours Artificial Intelligence & Social Robotics applied to Global Health).
- USV (RO): Degree of Master of Research. Main field: Computers and Information Technology (Romanian: Diplomă de master în domeniul Calculatoare și tehnologia informației).

Programme Governance

This Multiple Master's Degree is delivered jointly by three partner universities. To ensure that the programme runs smoothly, fairly and consistently across institutions, a shared governance structure is in place.

At the joint level, the Programme Board oversees the overall organisation of the Programme. It brings together academic and administrative representatives from each partner university. The Programme Board ensures that courses are aligned, assessment standards are consistent, and the programme is delivered according to the agreed structure. It also monitors the quality of the programme and reports to the NEOLAIA Steering Committee.

The Programme Advisory Committee supports the programme by providing external advice. It is made up of experts in artificial intelligence, robotics and global health, as well as alumni and professionals. This committee helps ensure that what you study remains relevant to current research, societal challenges and the labour market.

At each partner university, Local Boards are responsible for the day-to-day implementation of the programme. They work closely with university services such as international relations offices, quality assurance units and student services. Local Boards include local academic coordinators, administrative staff and student representatives. If you have practical questions about enrolment, mobility, assessments or local regulations, your local coordinator is your main point of contact.

Together, these governance bodies ensure that you benefit from a high-quality, well-coordinated programme, while receiving local support throughout your studies.



University of Tours

Welcome to Tours

When you join the Master's

Administrative procedure

Registration

Once nominated by your local coordinator, the International Office of UT will send you the online registration form.

You will need the following documents to complete your online pre-registration:

- Passport or ID card
- ID photo
- European Health Insurance Card (EHIC) or private health insurance (personal or provided by your home institution)
- Learning Agreement

Insurance

During your mobility in Tours, you are required to follow the insurance policies especially for health coverage and home insurance.

Regarding health coverage, depending on the situation, exchange students have several options:

- European Health Insurance Card (EHIC) for EU nationals only
- Global health insurance card for UK nationals
- Private insurance
- Insurance provided by the home university
- French health insurance

If you don't possess a valid EHIC or any private insurance, then affiliation to the French "Sécurité Sociale" is compulsory. Application must be done on the "Sécurité Sociale/Assurance Maladie" official website.

To complement the reimbursements of your medical care you can also take out an additional health insurance policy called "mutuelle" in French. It is not mandatory but highly recommended for a better coverage of your health-related expenses.

Regarding housing insurance, as a renter in France, it is mandatory to subscribe to a home insurance called "Multirisques habitation" in French for any type of accommodation. This insurance covers domestic incidents or accidents such as fire, flood, burglary or vandalism, and includes civil liability. A civil liability is mandatory in France and requested to obtain your student card and practice a sport. This insurance policy enables you to compensate injuries or material damages you could cause to another person.

University rights and regulations

As international exchange students, you are required to read and comply with the university's internal regulations.





Practical information

Important documents

During your mobility you may need some documents for administrative or academic purpose, so we highly recommend you bring along with you the following documents:

- Your ID card and/or passport
- Originals of your diploma(s)
- Certified translations of your diplomas and transcripts of records
- Proof of your social security coverage
- About 4 ID/passport pictures sized
- Birth certificate

For non-European students you may also need:

- Your visa
- Proof of sufficient financial resources that you submitted with your visa application (scholarship Admission letter if applicable)

As strong advice, scan and store a digital copy of all these documents in a flash key for your travel, in case you lose or damage your luggage during your trip.

Visa and permit

For non-European students, or students who do not reside within the European economic area or the Schengen Area, a visa is required to come study at the University of Tours.

You will need to apply for a Visa before your international mobility (nothing can be done once you are in France).

Some students will have to process through the Campus France – Etudes en France procedure for exchange students (not for regular students) on the Campus France Web platform:



Your Visa application will be automatically sent to the French consular authorities of your country of residence through this online platform.

In the case your country is not eligible to Campus France you will need to follow the application procedure directly through the French Embassy in your home country.

You will need to ask a long-stay Visa valid as a residents permit for students: VLS-TS "étudiant - mobilité". This Visa will enable you to live and study from 3 months to 1 year in France, and travel freely in all the countries of the Schengen Area (for periods not exceeding 90 days over any period of 180 consecutive days)

Further details through the following link:



Upon your arrival in France, you must validate your Visa within 3 months. The process is entirely digital, you will need to visit the following website:





Accommodation

All the students need to search for an accommodation in Tours. You can choose whether requesting for a *Crous* student resident hall accommodation or searching for private owners rent by yourself.

University Residence Halls

Accommodation in a university residence hall is usually rented for 12 months. However, you may leave before the end of the contract by giving at least one month's notice before your departure date.

There are 12 university residence halls spread across the city. You can apply to a university accommodation with the "Crous - Centre Régional des Œuvres Universitaires et Scolaires".

Further information on the following website:



Please note: Getting university accommodation is not automatic and seats are limited. We highly recommend that you apply for a room as soon as possible from the moment you receive your admission notification and when the online pre-registration is available. To do so contact Eduard Rotariu, who gathers all the exchange program students' applications: incoming.mobility@univ-tours.fr Applications for university accommodation need to be filled, at the latest, by: • Mid-June for students staying in Tours over the 1st semester or for the whole year. • End of Novembre for students staying in Tours over the 2nd semester. The exact deadlines are communicated within the acceptance message

Good to know: Wi-Fi is available in all university residences.

Private rentals

Private rental contracts generally last one year. If you wish to leave before the end of the lease, you must inform the landlord in advance. The required notice period is:

- One month for furnished accommodation
- Three months for unfurnished accommodation

Failure to respect these notice periods may result in the landlord keeping part or all of your security deposit.

For this type of accommodation, you will need to be autonomous and talk to the landlord directly (the International Relations Office will not contact private landlords or entities on your behalf). The University can't guarantee the quality of a private accommodation.

Important information

The lease or rental contract is an official document that must be signed by both the tenant and the landlord.

Security Deposit

When signing the rental contract, you will be asked to pay a security deposit equal to one month's rent. This amount will be returned to you at the end of your stay if the accommodation is left in good condition. The deposit must be refunded within two months at the latest after you move out, unless damage is identified.

Inventory of Fixtures

The inventory of fixtures describes the condition of the accommodation and its equipment.

- An entry inventory is completed and signed by both you and the landlord when you receive the keys.
- An exit inventory is carried out when you leave and return the keys.

These two documents are compared in case of disagreement. It is therefore very important to carefully check the accommodation upon arrival and to report any defects or malfunctions in the entry inventory.

Guarantor and VISALE

Most landlords require a guarantor, a person or legal entity that agrees to pay the rent if you are unable to do so. A guarantor is mandatory for university accommodation. If you do not have a guarantor in France, you can apply for VISALE, a free government-backed scheme for students under 31 years old. VISALE provides a legal entity as a guarantor. To apply, you must obtain a certified "visa" from Action Logement, which you can then present to your landlord.

To find more information about VISALE and apply: <https://www.actionlogement.fr/la-garantie-visale>

As previously mentioned, in France it is mandatory to have your accommodation insured (see "Insurance", page ..).

Services charges

Service charges are additional costs that usually cover cold water, cleaning of common areas, caretaking or maintenance fees, and heating when it is collective. These charges are generally added to the monthly rent, unless they are explicitly stated as included. In this case, the advertisement will mention "rent including charges" (loyer charges comprises).

It is very important to ask about heating costs and the quality of insulation. Poor insulation can lead to very high heating bills, especially when the accommodation uses electric heating.

Standing charges

These charges cover electricity, gas, water, phone, Internet and are to be paid by the renter. There are several electricity and gas providers, you are free to choose whichever.

Upon your arrival and departure, remember to take note of your energy consumptions by checking meters. At the end of your stay and before leaving France, don't forget to terminate all your contracts otherwise you will continue to pay charges.

Electricity plug

In France, power plugs and sockets (outlets) of type E are used. The standard voltage is 230 V at a frequency of 50 Hz. Compatible with types C, E and F.

In Romania and Sweden, power plugs and sockets (outlets) of type F are used. The standard voltage is 230 V at a frequency of 50 Hz. Compatible with types C and F.



Telephone

Country Code: +33

Using your home country's phone subscription in France can be quite expensive. We therefore recommend checking your options before arriving. Otherwise, here are the main mobile phone options available during your mobility in Tours:

SIM-Only plans with no contract

These plans are monthly, relatively cheap and can be cancelled anytime. Most of them provide unlimited calls and SMS in France and various data packages. Find some examples of French operators:

- > Free Mobile | <https://mobile.free.fr/>
- > B&You (Bouygues) | <https://www.bouyguestelecom.fr/forfaits-mobiles/sans-engagement>
- > Sosh (Orange) | <https://shop.sosh.fr/mobile/forfaits-mobiles>

Prepaid SIM Cards

These can be useful if you don't have a French address or bank account yet. They are easily found in airport kiosks, in phone stores and tobacco shops. They are simple to activate and top up, but they offer less data for the price.

eSIM (Digital SIM)

If your phone supports eSIM this is the simplest option before you arrive. It's the same as a regular SIM but can be activated instantly with a QR code. Keep in mind that eSIMs are usually data-only (no traditional phone number) and may be more expensive for longer stays.

Bank account and currencies

Opening a bank account in France is recommended and can be requested in some cases. With a bank account you can pay for most of your expenses (electricity, telephone, rent, transportation, Internet, etc...), receive your wages more easily if you work and get directly reimbursed for your health expenses. Any foreigner residing for over 3 months in France may open a bank account to get a cheque book and/or a bank card.

There are two types of bank cards:

- Simple withdrawal cards used only to withdraw money from your bank's Automatic Teller Machines 24/7
- Debit and payment cards (Visa type) used to withdraw money from any ATM and to pay for your purchases in shops or online.

Banks charge you around 30-40€ per year (student rate).

To open a bank account, you will have to schedule an appointment at the bank of your choice and prepare the following documents:

- An ID documents (passport, Visa...)
- A proof of your home address in France (rent receipt, phone or electricity bill...)
- A certificate of university attendance or a student card
- The document that justifies for your income when relevant
- A deposit of a minimum amount of about 20€

Don't forget to close your bank account prior to your departure and to get your remaining money back.

Good to know: To facilitate your arrival and administrative procedures, you can anticipate and open an online bank account (no need to go to a physical bank). Here are some online banks usually used by students but remain free to choose whatever online bank you find suits your needs most:

Revolut <https://www.revolut.com/>

N26 <https://n26.com/en-eu>

Nickel <https://nickel.eu/en-fr>

Currencies

- France → euros (EUR)

Currency converter: <https://www.xe.com/currencyconverter/>



Inclusion and diversity policy

Linguistic support

"Cuefee"

The University of Tours has a Center for Teaching French to International Students called "Cuefee". For international students that want to improve their ability to express themselves in French more fluently, the Cuefee offers language, grammar and French culture classes. Exchange program students need to enrol per semester. You can take up to 3 classes at the Cuefee. Each class lasts 2 hours and is equal to 4 ECTS credits. You will be able to ask the Cuefee secretariat for a language level attestation at the end of the semester.

To register to Cuefee French classes, you will first need to take a placement test before or at your arrival. You will be able to sign up for this test during your final university registration with the International Relations Office.



Special needs

"Mission Handicap"

The University of Tours has a special office which offers an individualised support to students facing health issues or disabilities: this office is called "Mission Handicap". The Mission Handicap works with the University Health Service to ensure follow-up and support for students with specific needs. This support service offers accommodations throughout your academic program, including accommodations for courses, examinations, and study pathways. If you request those, you must make an appointment at the University Health Service (SSE).

Contact:

- SSE | 60 rue du Plat d'Étain 37000 Tours | Bat H – 1st floor
- 02 47 36 77 00
- sse@univ-tours.fr and handicap.etudiant@univ-tours.fr

Please note: For test and exam accommodations, you must schedule an appointment no later than one month before the start of your exams.

Contact for help

In case of emergency:

Equality Mission

The Equality Mission of the University of Tours works to implement and enforce the principles of equality, parity and diversity in the institution and to fight against all forms of discrimination, violence and harassment, to enable everyone to study comfortably.

Contact: 02 47 36 81 65
mission.egalite@univ-tours.fr



Social services

Should you face financial difficulties during your stay in Tours, feel free to contact the social worker of the University. A professional social worker welcomes you by appointment at the University Office for Health (SSE), located on the Plat d'Étain campus.

Contact: 02 47 36 77 00
60 rue du Plat d'Étain – Building H
sse@univ-tours.fr

Counselling units of the University of Tours

Victims or witnesses, do not remain alone. The University is committed to you against all forms of sexist and sexual violence, harassment, cyberstalking, discrimination, conflict. Dedicated counselling units composed of staff, professionals and students acting collegially and trained in these themes will support and accompany you in the process.

Counselling support and monitoring units:

- vss@univ-tours.fr
(against gender and sexual violence)
- stop-discr.etu@univ-tours.fr
(against discrimination and harassment)



Academic Life

Campus Map

During Semester 1, courses take place in the city of Blois, at the Blois campus of the University of Tours: 3 Place Jean Jaurès, 41000 Blois, France.

During Semester 2, for students following the Tours track, courses are organised in the city of Tours, at the Grandmont Campus: Parc de Grandmont, 37200 Tours, France.

Campus Map:



Student structures and tools

Student card

Students receive a student card that allows them to be identified as students of the University of Tours to access buildings (during opening hours). This card also allows to:

- Pay for meals at the Crous University Restaurants (RU) with an Izly account
- Buy snacks from the university vending machine
- Borrow documents and books from the university libraries
- Pay for printouts and photocopies (for a limited number)

Caution: to be able to pay with your student card you will need to create an Izly account and make sure you have enough credits before your payment. To refill your card, you can either use Izly App or go on <https://www.izly.fr/>

Digital Work Environment (ENT)

The University of Tours provides a personalised Digital Work Environment (ENT) that gives access to a set of online tools and services:

- Email system called "Zimbra"
- Online courses and documents with the platform "Celene"
- Calendars and exams results
- Documentary resources
- Student file
- University library catalogue

Upon registration students receive a student email address with a temporary password, which must be changed to a permanent one. This student email address and password give access to the ENT.

In case you forget your password or have trouble to connect to your ENT you can reach out to



Cultural Programme

The Cultural Service of the University of Tours offers many cultural events and students can take part in practical workshops and courses run by professionals. The Cultural programme also includes a cycle of conferences, artists in residence every year, contests and competitions (Rock Attitude, Students on Stage) and the Student Artwork Spring Fair.

You can also buy the Student Cultural Passport (PCE) which costs 8€ and enables you to benefit privileged rates in more than 80 partner cultural structures in Tours and Blois (theatre, music hall, festivals, museum, art gallery etc...). You can purchase the PCE when you get your student card or directly at the cultural service, office 109, 1st floor of the Tanneurs Campus.

Find more information about the PCE:



For newly arrived international students, the University International Relations Office dedicates a programme of cultural outings. This programme aims to help you learn about the heritage, history, architecture of the Touraine and the Loire Valley.

We offer you these activities at low prices in order to make it accessible for as many of you as possible and therefore to take advantage of your stay with us!

Find more information:



Sport

The University Sports Service / "Suaps" (Service Universitaire des Activités Physiques et Sportives) offers a large catalogue of sports and physical activities you can practice throughout the whole academic year.

As an international exchange student, you can sign up free of charge for weekly classes (70 activities on offer), workshop (one-off sessions of 1 to 3 hours during the week or at weekends), sporting events open to all students of the university and the interface cup (a competition between UT's faculties, where you can sign in with your fellow students).

You will have to sign up on ENT for classes and activities you want to practice. Beware that seats are limited, so try to sign up as soon as you can, as there are many people for few seats. Don't forget to register at the beginning of September for the 1st semester and at the beginning of January for the 2nd one.

Find more information:
<https://www.univ-tours.fr/campus>

Health Service - SSE

University of Tours has its own Health Service called "Service de Santé Etudiante - SSE". You can schedule an appointment for a physical examination or a consultation with professionals such as doctors, nurses, social workers, etc. There are also specialized consultations, most of them are free:

- Psychological support
- Psychiatry
- Sexology
- Vaccinations
- Dental hygiene
- Dietetics and nutrition
- Gynaecology and contraception & STDs (Sexually Transmitted Diseases)
- Dermatology
- Sports medicine and health monitoring of top athletes

Consultations are covered by social security. To schedule an appointment: <https://univ-tours.contactsante.fr/RendezVous>

The SSE is located at
60 rue du Plat d'Etain 37000 Tours
Building H - 1st floor.

Find more information:
02 47 36 77 00 - sse@univ-tours.fr
<https://sante.univ-tours.fr/>



Public transport

The bus company in Tours is called "Fil Bleu". You can purchase reusable tickets that allow you to travel for 1 hour whatever bus or tram line you take. Tickets can be purchased either from the vending machines in the streets (the fare is **1.80€ + 0.10€** for the creation of the ticket), or from the Fil Bleu app, or from the bus driver (cash only and the fare is **2€ + 0.10€** for the creation of the ticket). You can also subscribe to a monthly travel card, to find out more :



Fil Bleu website and app enable you to get bus/tramway real-time schedules and also to create your itinerary depending on your own points of departure and arrival.

The train company in France is called "SNCF". There are two train stations associated with Tours: the Tours train station located in the city center and the Saint-Pierre-des-Corps TGV (High Speed Train) station, which is a 10-minute drive from Tours.

Tours train station is served by several bus and tramway lines (A, 2, 3a, 3b, 5, 10, 11, 14, 15, 19, 34, 50, R12, N1, N2, 70, 72, 73, 83) which allows you to travel easily around the city.

Saint-Pierre-des-Corps TGV station is served by some bus lines (5, 11, 16, R3) and there is a shuttle that takes you directly from the TGV station to the Tours train station (the fare is **3.30€**).

Good to know: depending of your age and your place of residence, you can take out subscriptions which allows you to benefit from reduced fares on public transport.

Find more information:

- SNCF: <https://www.sncf-connect.com/catalogue/description/carte-avantage-jeune>
- YEP'S (Centre Region's transport assistant scheme): <https://www.yeps.fr/>
- Rémi (Centre Region's bus and train lines): <https://www.remi-centrevaldeloire.fr/tarifsetachats/choisirmontitre/>

In case of emergency

Emergency phone numbers

- European Emergency Number: 112
- SAMU (Health Emergency Service) 15
- Police 17
- Fire Department 18
- "SOS MEDIPOLE" 02 47 38 33 33
- "SOS Dentiste" (dental emergencies only) 02 47 05 67 20

Hospitals

- Hôpital Trousseau
Avenue de la République 37170 Chambray-lès-Tours
02 47 47 47 47
- Hôpital Bretonneau
2 Boulevard Tonnellé 37000 Tours
02 47 47 47 47

Need to talk

- SOS amitié | 02 47 54 54 54 | www.sos-amitie.com/tours
- SOS Help (English speaking) | 01 46 21 46 46
www.soshelpline.org

Life in Tours

The average monthly budget for living in Tours is 700€ to 800€ (that covers rent, transportation, food, outings, leisure activities). For your information here are some average costs:

- Rent: 300€ to 550€/month for a single bedroom appartement (around 19 to 30m²)
- Food: 200€ to 250€/month
- Electricity, gas, water: about 40€ (but it can cost more if you have an electrical heating)
- Telephone, Internet: about 30€/month
- Transportation: Fil Bleu student pass 23€/month

Shopping

Grocery shopping

There are different types of shops:

- Supérettes: these are small grocery stores you can find easily around the city that remain open until late in the evening (Carrefour City, Carrefour Express, U Express...). Products cost more in those shops than in supermarkets.
- Mid-size stores or supermarkets: they usually belong to a big chain store (Lidl, Monoprix, Intermarché, Auchan Supermarché, Leclerc...) and usually open between 9:00 in the morning to 7:00 in the evening. Most of the time, supermarkets are open on Sunday mornings.
- Hypermarkets, supermarkets: Major chains like Carrefour or Auchan are usually located in malls (Petite Arche, Les Atlantes, La Petite Madeleine) where you'll find shops of all kinds selling any items you may need (clothes, shoes, jewellery, decoration, household goods....). They stay open longer and sometimes until 9:00 pm.

Bakeries and food shops

In the city centre, you will find bakeries or small shops selling sandwiches and beverages, pastries, croissants...

Count around 5€ for a sandwich bought in a bakery.

Other shops

In the city centre, all along "Rue Nationale" and in the surrounding streets you will find a lot of different shops selling any items you may need (clothes, shoes, decoration, games, make-up, electronic devices, tea...). They usually open between 10:00 am and 7:00 pm.

Not far away from the city centre and the 2 Lions Campus you can find a shopping mall named "l'Heure Tranquille" with a lot of shops of all kinds. You can easily go there by tramway.

Places of interest

Here are a few places you might enjoy during your stay in Tours, but feel free to explore the city to discover all the treasures it has to offer!





Örebro University

Welcome to Örebro

We are happy to welcome you to Örebro University! We have around 17.000 students and 1600 staff and we are welcoming over 350 exchange students from all over the world each year. We are a broad university with 80 degree programs in a wide range of subjects. We hope that you will enjoy your stay!

Administrative procedure

Registration

Students must do an identification control during Arrival Days presenting a valid ID card or passport. Students that arrive after the official Arrival Days have the opportunity for a virtual ID check prior to their arrival.

The School of Science and Technology will register students after the identification control manually in the study system before the start of the semester. Access to the student platform is only possible after the registration process is complete.

Degree application

A degree diploma is not issued automatically after completion of studies. All students have to apply for the diploma to be issued and this is done online in the Student portal "Studenttjänster". The processing time can be up to two months so please make sure to apply as soon as all your results and final grades are registered. When the degree diploma is ready students will get a notification via email and the diploma can then be downloaded. Please note that degree diplomas are only issued digitally and not on paper.

More information can be found here:



Insurance

All incoming exchange students that are registered on courses at Örebro University are covered by the insurance Student IN, provided by the state authority Kammarkollegiet (Legal, Financial and Administrative Services Agency).

The insurance is limited and covers for example for necessary and reasonable costs for emergency medical care or dental care when the insured, during the policy term, suffers illness or has an accident. The insurance is free of charge.

Terms and Conditions of Insurance:



EU/EEA students should primarily use the European Health Insurance Card issued in their home countries. It is very important that students read the terms and conditions carefully so they know what additional insurance they might need.

If a student needs to apply for a residence permit, their Letter of Acceptance is valid as a proof of the Student IN insurance.

University rights and regulations

The student's rights and responsibilities are determined by a general set of rules and regulations. The student is responsible for their own academic results and must follow existing rules and regulations. It is therefore vital that students are well acquainted with them. During the Orientation Programme Örebro University offers all international students an information lecture on rights and responsibilities.

Further information can be found here:



Practical information

Important documents

During the mobility, students might need some documents for administrative or academic purpose, so we highly recommend to bring the following documents:

- A valid ID card and/or passport
- European Health Insurance Card (if applicable)
- Residence permit card (if applicable)

Visa and permit

Depending on where students come from, they might need to apply for a residence permit and/or an entry visa before they come to Sweden, and therefore must apply as soon as they receive their Letter of Acceptance.

Please note that Örebro University cannot assist students in the visa/residence permit application process. For more information about residence permit and visa please turn to the Swedish Migration Agency

More information:



Travel

Örebro University travel guide for incoming students:



Accommodation

Exchange students are guaranteed housing at Campus Örebro on the condition that their housing application is submitted correctly and received on time. Before arrival they must also make a payment for rent in advance.

In the application form for exchange studies, students can choose whether or not they want to be offered housing on campus. The application deadline is April 15 or October 15 each year, depending on arrival.

Students are also allowed to find their own accommodation. However, it can be extremely difficult for international students to secure housing independently in Sweden, especially if they do not have a Swedish Personal Identity Number, which most landlords require. Örebro University does not have the possibility to support students in finding their own housing and cannot guarantee availability of rooms if students do not apply

.../...



for on-campus housing by the deadline. Therefore, we highly recommend that students use the accommodation provided by our housing office in the first place.

Telephone

Country code: +46

Since of February 2023, there is a new law in Sweden stating that students need to register their card when buying a prepaid SIM card from a Swedish mobile network operator (if needed). This usually requires a Swedish personal number - which exchange students will not be able to get since they are studying for less than two years in Sweden. However, some operators are able to register a prepaid SIM card without the requirement of a Swedish personal number, and students only have to go to one of their physical stores to get assistance.

Bank account and currencies

Please note that it is not possible for an exchange student to open a bank account in Sweden as a Swedish Personal Identity Number is required to do that. Cash is not widely used and in some stores not accepted at all. In grocery stores both cash and card are generally accepted, but only Swedish Krona, not Euros. Please be prepared to use your Visa or Mastercard from your home country for most transactions. Please note that American Express is not accepted everywhere.

Currencies:

- Sweden → Swedish Krona (SEK)

Inclusion and diversity,

Special needs support

Disability study support may be offered to students experiencing barriers in their study situation due to a documented disability which is not temporary or passing in nature.

Please contact disability support coordinators at the Funka unit, Student Services, for more information at funka@oru.se.

More information:



Our Housing Office can assist students with special needs in most cases. Students should contact the housing coordinators at housing@oru.se as soon as possible after their nomination to discuss available options.

Please note! Students with special housing requirements due to disabilities must provide a certificate both from a medical doctor and the home university.

The Student Health Centre promotes preventive mental health care. They offer private, supportive counselling for students whose mental health is affected by study-related issues. Students are welcome to book an appointment with one of our counsellors.

They also offer activities, lectures and workshops to help student to discover different methods and practices for self-help towards preventive mental health care.

Contact information and how to book an appointment can be found here:



Academic Life

University map

Make it easy to find your way around Campus via our interactive map: MazeMap. The map is completely free of charge and can be downloaded as an app or accessed through a web browser.



Student structures and tools

For after-hours access to the university's facilities and in order to borrow books at the University Library or equipment at Technical Support Services, students need a University Card. This card also gives them access to their school's computer rooms and labs. Students will receive a University card when they arrive in Örebro. If not, they can always collect a card at Info Centre in Långhuset or at the University Library.

Public transport

Several bus lines are going between the central station (Resecentrum), the town centre, and the university. From campus to the town centre takes around 15 minutes by bus. It is not possible to pay with cash on buses; instead with an app or by credit card.

Read more about bus services in Örebro:



In case of emergency

The emergency number to use for police, ambulance or in case of fire is 112.

If you fall ill during your stay, you can call the medical advice number 1177 for health care advice over the phone twenty-four hours a day, year-round. You can choose to speak Swedish or English. A nurse will answer your questions, determine the need for further care and recommend which, if any, health care agency you should visit.

Telephone with a Swedish SIM card: 1177
Telephone with a non-Swedish SIM card:
+46 771 11 77 00

You can also visit their website www.1177.se that provides information about illnesses, care and health. The information has been fact-checked by doctors and other healthcare professionals.

Student Life

The fall semester at Örebro University starts with arrival days and continues with a one-of-a-kind five week long "Orientation Programme" (OP). During the orientation programme we offer a variety of activities, all designed to make the adjustment to Örebro and Sweden as smooth as possible. The Orientation Programme is a collaboration between Örebro University and the international student section Nexus. Approximately 180 students join Nexus each semester, and around 60 fadders (buddies) are engaged to offer international students the best experience in Sweden. The OP comes with a participation fee of approximately 600-800 SEK, which is added to the housing invoice if chosen during the application process. We highly recommend our incoming students to participate in the OP, which will help guide them to their new life in Sweden and to meet new friends.



ÖREBRO
UNIVERSITET

About Örebro city

The city of Örebro is situated in the heart of Sweden, about halfway between Stockholm and Gothenburg. With 155,000 inhabitants, Örebro belongs to a number of Swedish cities of equal size after the four large cities. The location in the country, the proximity to nature and a long tradition as a trading town have characterized Örebro.

Here are some places to visit that you must not miss:

- Örebro Castle: For over seven hundred years, the mighty castle has dominated Örebro's cityscape. It was built as a defense castle but then became a royal castle before it became the governor's residence in the 18th century. The current governor still lives here today.
- The water tower Svampen: The 58 meter high mushroom-shaped water tower in northern Örebro is another of Örebro's profiles. "Svampen" means "mushroom" and since the tower was built in 1957, it has attracted millions of visitors. Svampen was a groundbreaking style for this type of water tower and its successors are now found all over the world.
- The open-air museum Wadköping and Stadsparken: Wadköping's streets, farms and alleys show what a typical Swedish small town could look like in the 18th and 19th centuries. Most of the buildings were previously in central Örebro and were moved here to avoid demolition. Today you will find shops, cafes, exhibitions and museums in the small houses.
- Rynningeviken, Oset and Naturens hus: Örebro is located by Hjälmaren, Sweden's fourth largest lake. Between town and lake is one of Örebro's most beloved excursion region, the nature reserve Rynningeviken and Oset. The whole area is a beautiful oasis with plenty of places where you can sit down and enjoy nature.

For more information about
Örebro City please see here:



For more information on life in
Örebro and Sweden please visit:



Contact and support

International Office: If you have any questions about exchange studies or have general questions, you are welcome to contact us the International Office on exchange@oru.se

Study advisors: Please contact the study advisors at the school where you'll be studying if you have questions regarding specific courses, syllabuses, prerequisites or your Learning Agreement: studievagledning@NT.se

You can contact the Housing Office if you have any questions about housing or your accommodation during your studies here in Örebro: housing@oru.se

FUNKÅ: If you have a disability, impairment or long-term medical condition, FUNKÅ is here to help you during your studies: funka@oru.se

You can also find answers to many questions in our FAQ section for exchange students:





Universitatea
Ștefan cel Mare
Suceava



University of Suceava

Welcome to Suceava

Ștefan cel Mare University of Suceava (USV) is a modern institution with over 50 years of tradition in higher education. We have 10 faculties which provide 3-4 years undergraduate and 2 years' master programs, as well as PhD studies, with more than 11,000 students and 800 staff. The university is located in the north-eastern part of Romania, in Bukovina, one of the most beautiful historical regions of the country. Here, you will discover scenic beauty, medieval buildings and a strong folkloric influence.

The Bucovina area has always been a cradle of culture and traditional civilization that evolved across time. Suceava was the capital of the lands of Stephen the Great (Ștefan cel Mare), an important figure in Romanian history, who expanded the citadel to be strong enough to hold off an attack by Ottoman sultan Mehmed II, the conqueror of Constantinople. The city of Suceava covers two types of geographical areas: the hills and the meadows of the Suceava River valley. Suceava is an excellent starting point for trips to the many historical, cultural and natural attractions in the Bucovina region, including the famous Painted Monasteries of Bucovina.

Administrative procedure

Registration

After you have been nominated by your home university, students enrolled in the Master's programme Artificial Intelligence and Social Robotics Applied to Global Health must submit their registration documents to USV.

Required documents

- Bachelor's degree diploma (or equivalent). If the diploma has not yet been issued, you must provide an official certificate confirming that you have completed your Bachelor's studies and successfully defended the final thesis.
- Transcript of records for your Bachelor's studies.
- Birth certificate.
- Marriage certificate (only if your surname has changed after marriage).
- National ID card or passport.

Applicants who obtained their Bachelor's degree in a country other than Romania must complete the degree recognition process with the National Centre for Recognition and Equivalence of University Diplomas (CNRED).

CNRED automatically recognises qualifications awarded in EU Member States, the European Economic Area (EEA) and the Swiss Confederation, as well as qualifications from

third countries issued by universities included in the Romanian Ministry of Education's List of prestigious universities (approved by ministerial order - https://www.edu.ro/sites/default/files/_fi%C8%99iere/Legislatie/2020/OMEC_5665.pdf).

USV will submit the recognition/equivalence application to CNRED on your behalf. The recognition/equivalence file includes:

- a) Application form
- b) Identity document and proof of name change (if applicable)
- c) The degree document to be recognised/equivalated
- d) Diploma supplement
- e) Proof of payment of the processing fee

Documents requested for the recognition procedure can be submitted as copies if they are issued in English, French, Spanish or Italian. For all other languages, documents must be submitted as copies together with a certified Romanian translation (in copy).

Admission information is available here:



EU citizens



non-EU citizens



Degree application

Final thesis/dissertation papers must be submitted electronically (digital format) to the thesis supervisor at least 3 working days before the final examination. This allows the supervisor to check the similarity index using a university-approved software tool.

Please note: The dissertation must be structured so that the main content can be clearly distinguished from other sections (table of contents, abstract, bibliography and annexes). Only the main content will be uploaded to the similarity-check software.

The thesis supervisor will review the similarity report and ensure that the similarity index (calculated only for passages that are not cited and not placed within quotation marks, based exclusively on similar sentences/phrases): does not exceed 9% of the total thesis content (regardless of the source type), and does not exceed 4% from any single source.

Sources with similarities below 1% are excluded from the analysis.

A copy of the Similarity Report will be archived at the faculty secretariat together with the other examination documents. There is no fee for the similarity check for final theses.

Registration for the dissertation examination

Master's graduates are not automatically registered for the dissertation exam. You must submit a registration request to the faculty secretariat during the period indicated in the USV academic calendar, together with:

- a) Dissertation exam registration form (USV template), signed by your dissertation supervisor
- b) Graduate socio-professional pathway form.

Issuance of graduation documents

Diplomas for graduates who have successfully passed the final examination are issued within a maximum of 12 months from the date the examination is passed. Until the diploma is issued (but for no longer than 12 months after passing the exam), graduates will receive a temporary graduation certificate. This certificate grants the holder the same legal rights as the diploma.

The diploma must be collected in person from the USV Academic Records Office (Study Documents Office). If the graduate cannot attend in person, study documents may be released to an authorised representative, based on a notarised power of attorney or an attorney authorisation explicitly stating that the representative is entitled to collect study documents from Ștefan cel Mare University of Suceava (USV).

Insurance

All EU/EEA Erasmus students should have a European Health Card or in the case of non-EU/EEA a health insurance. USV is not in any regard responsible for health or work insurances.

If needed, medical care services will be offered by the Campus medical consulting room or in more severe cases by the Suceava County Hospital that is situated near the university. The Campus Medical consulting room is opened daily from 09.00 to 16.00 and does not provide services outside these hours.

Students can obtain additional private health care from the private health clinics. The private medical services must be paid.

University rights and regulations

As international exchange students, you are required to read and comply with the university's internal regulations.

You can look at the following link to find the university's internal regulations:





Universitatea
Ștefan cel Mare
Suceava

Practical information

Important documents

In the first few days after the arrival, the incoming students must come to the Office for International Relations and European Affairs (13, University Street, building A, room no. 124) with the following documents:

1. Identity card or valid passport;
2. Health Insurance/ European Health Card;
3. Two passport-sized photographs.

Visa and permit

Students from **non-EU countries** need to apply for visa online:



All EU/EEA and Non-EU/EEA students who are staying more than 90 days in Romania must be registered at the Police's Immigrants Office and obtain a residence card. The papers required for the registration are:

- 1 passport-sized photograph
- Valid passport for non-EU/EEA students and ID card for EU/EEA students
- Health insurance/European Health card
- Medical certificate (issued by USV's medical consulting room)
- Accommodation contract (for non-EU/EEA students)
- Certificate of enrolment (issued by USV).

Travel

Students coming to the Ștefan cel Mare University can travel to Suceava by plane (Salcea Airport is 13 km from Suceava) or by train.

Accommodation

The Ștefan cel Mare University of Suceava offers accommodation, in campus, within the limits of availability. The rooms are fully furnished and have their own bathroom, TV, refrigerator, and free Internet access. The price is approximately 120 EUR/month/person in a double room.

Telephone

Romania's country code is +40. Common prepaid SIM card and operators in Romania are Orange, Vodafone, and DIGI.

Bank account and currencies

Currencies:

- France → euros (EUR)
- Romania → Romanian Leu (RON)
- Sweden → Swedish Krona (SEK)

Inclusion and diversity policy

Linguistic support

USV offers a Romanian language course for the Erasmus students. It is free of charge and provides 5 ECTS.

Special needs

USV offers facilities for the students with special needs, like elevators, ramps for wheelchairs and other.

Contact for help

Office of International Relations and European Affairs

Address: Str. Universității nr. 13

Suceava 720229, Romania

Tel. / Fax: +40 230 520316

Email: relint@usm.ro



Universitatea
Ștefan cel Mare
Suceava

Academic Life

Welcome

At the beginning of each semester the Office of International Relations and European Affairs organises the 'Welcome day' for the Erasmus students for providing relevant information about study in Suceava and networking between them.

University plan

The Campus university map is available at the link



Student structures and tools

Student card is issued by the secretary office of the faculty after the arrival in Suceava. The student needs a copy of the ID document and 1 passport-sized photography. Also, the student can receive an institutional email address for an easier communication with professors, colleagues and administrative staff.

Public transport

Students coming to the Ștefan cel Mare University can travel to Suceava:

By plane – 'Ștefan cel Mare' Salcea Airport at 13 km from Suceava

Taxi costs from the airport to the university vary from 100 lei to 150 lei (25 EUR to 30 EUR). It is available the airport shuttle nr. M8 which connects the airport with the main railway station (Burdujeni railway station). The bus departs every hour starting with 4,30 a.m. until 21,30 p.m. The last two buses are at 22,30 and 23,30 have a longer trip, passing through Suceava centre with final destination Obcini neighbourhood (near the University campus).

By train (Burdujeni railway station). From here you can take the bus no. 4 or no. 2 and stop at "Areni" bus station or you can take a taxi for aprox. 40 lei (8 euro).

Local Transportation

The public local transportation network, consisting of electric bus-lines and maxi-taxi lines, is operating from 5.00 am to 12.00 pm. The price of a ticket (bilet) is 3.0 lei (0.60 EUR) for 60 minutes. Tickets are available at the drivers (in maxi-taxi), at the ticket sellers (in busses, with higher price), and at tickets machines in the bus stop.

Taxi

Taxis are equipped with a meter. One kilometre by taxi costs around 4 lei (0.80 EUR). There are different taxi's stops.

In Suceava are available the apps Bolt and Uber.

In case of emergency

The emergency number to use for police, ambulance or in case of fire is 112.



Universitatea
Ștefan cel Mare
Suceava

Life in Suceava

Sports and outdoor activities

Although Suceava is a crowded city it has plenty of green spaces and parks that city residents use them for walking, meetings, picnics, entertainment or sports, Suceava has gyms and special prepared grounds for training, fitness, dance lessons etc. Also, the stadium near the City Hall and the university allows various sports events.

Shopping in Suceava

Suceava entered in modern history as the city from Romania with a real boom in the retail industry. Suceava has a level of 736 m2 of retailing areas, nearly 10 times than national average and twice the Bucharest average capital (307 m2). With the existing hypermarkets, Suceava has two malls which are organizing their own events from fairs and circus to music concerts and contests.

In Suceava are present the most important franchises in the fast-food or clothing: McDonald's (two units), KFC, New Yorker, C&A or H&M, Bershka, Colin's, Bigotti, Hermosa, Samsonite, and the most important chains of hypermarkets from Europe: Metro, Selgros, Kaufland, Lidl, Carrefour or Auchan.

The Nightlife

Suceava has an active nightlife scene, mostly concentrated around the city centre and the university, with a mix of clubs, lounge venues and social bars and a surprisingly active cultural agenda (theatre, concerts, festivals). Event formats change from week to week, so students usually check venues' official Instagram/Facebook pages (and local event listings) for the latest updates on DJ line-ups, themed nights, karaoke, and occasional live shows. Thursdays are generally considered the main student night in Suceava, so many venues tend to be busier and run student-oriented editions toward the weekend.

"Art Rock Cafe (ARC)" is one of the most popular student venues for live concerts and stand-up comedy (there are frequent ticketed events). "Hugo Club / Lounge by Hugo" offers weekend party nights and themed editions and "STORY the club" organizes late-night events and "edition" - style parties that are announced through their channels and event pages. There are also some social bars & "coffee-to-cocktails" places, like "Palo Santo" - known for karaoke nights and other themed/social formats (often posted as events), "Rainbow Pub" - a popular, very hippie/bohemian-style pub with a relaxed, artsy vibe great for casual nights out with friends and colleagues, "AMURG" that positions itself as coffee/brunch by day and bar by night and "Camera cu Cafea" specialty coffee by day, with occasional evening concepts/editions announced on its pages.

In addition, Suceava offers a growing variety of restaurants and venues and many of them occasionally host special evenings, such as themed nights (including traditional), tastings, or private events, usually announced on their social media pages.



Universitatea
Ștefan cel Mare
Suceava

Tourism

Bucovina's great natural setting provides a major attraction for visitors and outdoor leisure pursuits are very popular: countryside touring by car, bike or foot; fishing; skiing; river rafting; trekking; horseback riding; mountain biking.

Rich meals in Suceava

Moldavian cuisine is said to be the most refined of all. In the restaurants from Suceava you can find all the traditional meals of the area. We can't talk about Suceava's cuisine if we don't mention dishes such as sarmale, racituri or chicken soup.

As a desert you can taste cheese pie that is specific in this area. The cakes made in this part of the country are so many and diverse one loses count and each holiday it's an occasion for each Moldavian woman to show off her culinary art.

Polenta accompanies Moldavian sarmale (meat rolls in cabbage leaves), a famous dish served in Romanian restaurants around the world.

When it comes to talk about drinks, people from Suceava just love brandy. Besides this, they drink usually coffee at breakfast and in the rest of the day wine, beer or tuica, which is a brandy made from plums.

Contact and support

Office of International Relations
and European Affairs

Address: Str. Universității nr. 13

Suceava 720229, Romania

Tel. / Fax: +40 230 520316

Email: relint@usm.ro

